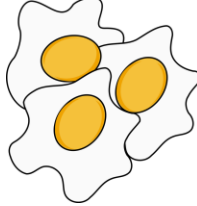




MAGNOLIA GARDENS ALF MENU- WEEK 1

| MEALS | SUNDAY | MONDAY | TUESDAY | WEDNESDAY | THURSDAY | FRIDAY | SATURDAY |
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| BREAKFAST  | ¾ C. Juice or ½ C. Fruit Hot or Cold Cereal Scrambled Egg Sausage Patty/Link French Toast 8 Oz Skim Milk Beverages/Condiments | ¾ C. Juice or ½ C. Fruit Hot or Cold Cereal Scrambled Eggs Bacon Donut 8 Oz Skim Milk Beverages/Condiments | ¾ C. Juice or ½ C. Fruit Hot or Cold Cereal Cheese Omelet Sausage Patty/Link English Muffin 8 Oz Skim Milk Beverages/Condiments | ¾ C. Juice or ½ C. Fruit Hot or Cold Cereal Scrambled Eggs Bacon Cinnamon Roll 8 Oz Skim Milk Beverages/Condiments | ¾ C. Juice or ½ C. Fruit Hot or Cold Cereal Plain Omelet Ham Slice Chefs Choice Muffin 8 Oz Skim Milk Beverages/Condiments | ¾ C. Juice or ½ C. Fruit Hot or Cold Cereal Scrambled Egg Bacon Banana Bread 8 Oz Skim Milk Beverages/Condiments | ¾ C. Juice or ½ C. Fruit Hot or Cold Cereal Cheesy Eggs Sausage Patty/Link Pancakes 8 Oz Skim Milk Beverages/Condiments |
| LUNCH  | 4 Oz Beef Pot-Pie Salad of the Day ½ C. Peas and Carrots ½ C. Wild Rice Blend Dinner Roll Chefs Choice Ice Cream Beverages/Condiments | 4 Oz Country Steak and Gravy Salad of the Day ½ C. Baked Potato ½ C. Green Beans Chocolate Chip Cake Beverages/Condiments | Spaghetti & Meat Sauce Salad of the Day ½ C. Spaghetti Noodles ½ C. Fresh Broccoli Garlic Toast Vanilla Mousse Beverages/Condiments | 4 Oz Polish Sausage Salad of the Day ½ C. Mashed Potatoes ½ C. Chefs Choice Veg. Chefs Choice Bread Blueberry Swirl Cake Beverages/Condiments | Oz Citrus Baked Cod Salad of the Day ½ C. Roasted Red Potatoes ½C. Corn. Chefs Choice Bread Chefs Choice Cookies Beverages/Condiments | 4 Oz Earl Grey Spiced Pork Salad of the Day ½ C. Sweet Potato ½ C. Fresh Zucchini Bread Chefs Choice Dessert Beverages/Condiments | 4 Oz Hawaiian Chicken Salad of the Day ½ C. White Rice ½ C. Spinach Garlic Bread Banana Cream Pudding Beverages/Condiments |
| | 4 Oz Broccoli Stuffed Chicken Salad of the Day ½ C. Peas and Carrots ½ C. Wild Rice Blend Dinner Roll Chefs Choice Ice Cream Beverages/Condiments | Black Forest Glazed Ham Steak Salad of the Day ½ C. Baked Potato ½ C. Green Beans Chocolate Chip Cake Beverages/Condiments | 4 oz Chicken Alfredo Salad of the Day ½ C. Spaghetti ½ C. Fresh Broccoli Garlic Toast Vanilla Mousse Beverages/Condiments | 4 oz Cubed Steak and Onions Salad of the Day ½ C. Mashed Potatoes ½ C. Chefs Choice Veg Bread Blueberry Swirl Cake Beverages/Condiments | 4 Oz Roasted Chicken Salad of the Day ½ C. Roasted Red Potatoes Corn Bread Tropical Carrot Cake Beverages/Condiments | 4 Oz Meat Lasagna Salad of the Day ½ C. Fresh Zucchini Bread Chefs Choice Dessert Beverages/Condiments | 4 Oz Cheese Ravioli Salad of the Day ½ C. Meat Sauce ½ C. Spinach Garlic Bread Banana Cream Pudding Beverages/Condiments |
| DINNER  | 4 Oz Hamburger on a Bun Cooked on the BBQ Grill Lettuce, Tomato/Pickle ½ C. Baked Beans ½ C. Potato Salad ½ C. Fruit 8 Oz Skim Milk Beverages/Condiments | 1 ½ C. Greek Salad 3 Oz Feta Cheese ½ C. Potato Salad Dinner Roll ½ C. Fruit 8 Oz Skim Milk Beverages/Condiments | Breakfast For Dinner Scrambled Eggs 2 Oz Bacon ½ C. Hash Browns Choice of Toast ½ C. Fruit 8 Oz Skim Milk Beverages/Condiments | 4 Oz Patty Melt ½ C. Peppers/Onions 2 Oz Cheese/Rye Bread ½ C. French Fries ½ C. Cole Slaw ½ C. Fruit 8 Oz Skim Milk Beverages/Condiments | 4 Oz Steak Quesadilla ½ C. Spanish Rice ½ C. Peppers and Onions Lettuce/Tomato/Salsa 2 Oz Sour Cream ½ C. Fruit 8 Oz Skim Milk Beverages/Condiments | 4 Oz Italian Hoagie 4 Oz Meat/Cheese ½C. Chips ½ C. Cole Slaw ½ C. Fruit 8 Oz Skim Milk Beverages/Condiments | Cuban Sandwich 3 Meats/Cheese ½ C. Onion Rings ½ C. Red Beans ½ C. Fruit 8 Oz Skim Milk Beverages/Condiments |

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| | 4 Oz Hot Dog on a Bun Cooked on the BBQ Grill ½ C. Baked Beans ½ C. Potato Salad ½ C. Fruit 8 Oz Skim Milk Beverages/Condiments | 4 Oz Beef Stroganoff ½ C. Egg Noodles ½ C. Mixed Vegetable Dinner Roll ½ C. Fruit 8 Oz Skim Milk Beverages/Condiments | BLT Sandwich Bacon/T ornate/Lettuce ½ C. Hash Browns Choice of Toast ½ C. Fruit 8 Oz Skim Milk Beverages/Condiments | 4 Oz Fried Catfish Sand. Lettuce/T ornate/Bun ½ C. French Fries ½ C. Cole Slaw ½ C. Fruit 8 Oz Skim Milk Beverages/Condiments | 4 Oz Chili and Cheese Stuffed Baked Potato Dinner Roll ½ C. Fruit 8 Oz Skim Milk Beverages/Condiments | 4 Oz Chicken a la King ½ C. Egg Noodles ½ C. Peas and Carrots Biscuit ½ C. Fruit 8 Oz Skim Milk Beverages/Condiments | 4 Oz Italian Sausage Pepper/Onions/Bun ½ C. Onion Rings ½ C. Red Beans ½ C. Fruit 8 Oz Skim Milk Beverages/Condiments |
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